**George Thompson – Gout**

**Overview:**  
George Thompson is a 55-year-old accountant managing gout. He experiences sudden and severe joint pain, particularly in his big toe. He lives at 567 Maple Street, Fairview, NJ, 07020. Contact number: (555) 234-5678.

**Medical History:**

* **Past Medical History:** Diagnosed with gout at age 50. Developed kidney stones 2 years ago.
* **Surgical History:** None.
* **Family Medical History:** Father had gout; mother had diabetes.
* **Allergies:** None.
* **Medications:** Uses allopurinol and colchicine for gout management.
* **Lifestyle:** Follows a low-purine diet, limits alcohol intake, and is a non-smoker.

**Previous Doctors:**  
Dr. Daniel Foster, a rheumatologist, manages his gout with medication and dietary recommendations. Dr. Helen Walker, his primary care physician, oversees his overall health.

**Symptoms:**  
George experiences acute joint pain, redness, and swelling, especially in the big toe. Symptoms are managed with medication and dietary adjustments.

**Diagnosis:**  
Gout was diagnosed through clinical evaluation and joint fluid analysis showing high uric acid levels and urate crystals.

**Treatment:**  
Treatment includes the use of allopurinol to lower uric acid levels, colchicine for acute attacks, and dietary modifications to reduce uric acid levels.